# Disappointment & Discouragement

"The feeling of sadness or displeasure *caused* by the nonfulfillment of one's hopes or expectations."

"To lose confidence or enthusiasm; usually as a result of disapproval."

# **Two Types of Circumstances:**

- 1. Uncontrollable circumstances. (i.e. weather)
- 2. Controllable circumstances. (i.e. ticket for speeding)

# **Uncontrollable Circumstances:**

# Paul:

Romans 9:2-3,

- "I have great heaviness and continual sorrow in my heart...for my brethren, my kinsmen according to the flesh."
- 1. Paul's disappointment.
  - 2. Paul's <u>focus</u>.

#### Second Timothy 1:3,

"I thank God, whom I serve from my forefathers with pure conscience, that
without ceasing I have remembrance of thee in my prayers night and day;"

# Paul's Victory:

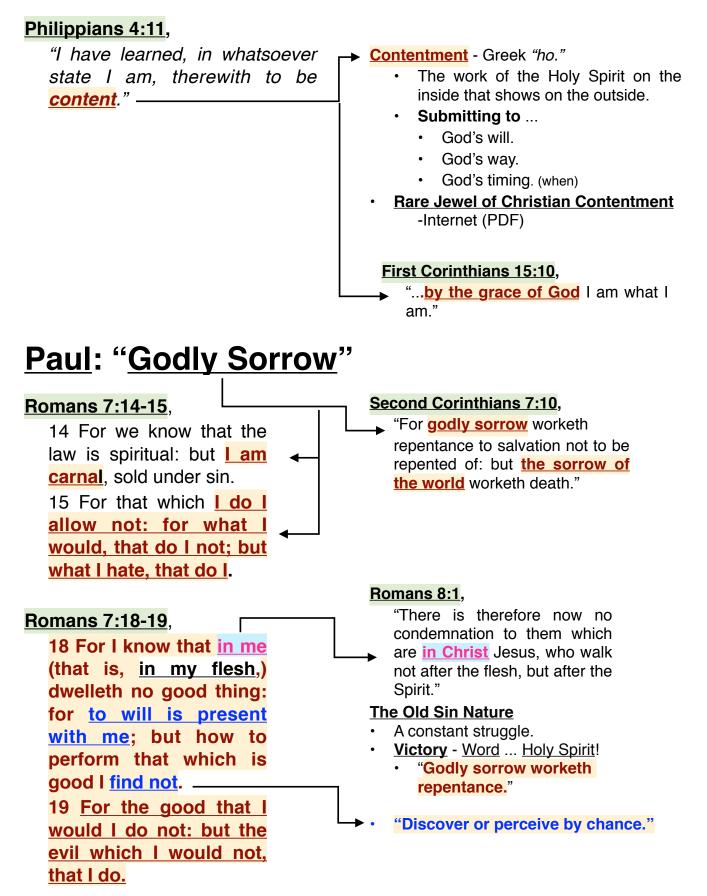
Philippians 4:11-13,

"I have learned, in whatsoever state I am, therewith to be content." Paul continued, "I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ which strengtheneth me." ► "<mark>Continual</mark> - Romans 9:2 Same Greek Word: "<mark>adialeiptos</mark>."

Victory, When concerned for others.

#### Circumstances: (Second Corinthians 11)

- Whipped 5x.
- Beaten with rods 3x.
- Painfulness
- Shipwreck 3x.
- Journeyings No Motor Home Air conditioning.
- Dungeons
- False Brethren.
- Hunger, thirst No coffee shop for a break.
- Escaped window in basket.



# Martha's Circumstances:

### Luke 10:41-42,

"Martha, Martha, <u>thou art</u> <u>careful</u> and <u>troubled</u> about many things: But one thing is needful: and <u>Mary hath chosen</u> that good part, which shall not be taken away from her."

### Vine's Expository Dictionary:

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 "Signifies "to be anxious about, to have a distracting care."

#### "Troubled"

Agitation of the mind because something is regarded as being unsatisfactory.

## Uncontrollable Circumstances - Controllable Circumstances

### Psalms 42:11,

"Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God:

#### Soul

- Translated "Mind" 15x
   Disguieted
  - Translated "Troubled" 2x

#### <u>Hope</u>

- **Translated** "Trust" **2x**
- Translated "Wait" 12x

### Ephesians 5:26,

"...the washing of water by the word."

### **Regardless of Circumstances**

### Philippians 4:7,

"And the **peace** of God, which **passeth all understanding**, shall \_\_\_\_\_ keep your <u>hearts</u> and <u>minds</u> through Christ Jesus. "For feelings come and feelings go And feelings are deceiving;

My warrant is **the Word** of God, Naught else is worth believing.

Though all my heart should feel condemned For lack of some sweet token There is One greater than my heart Whose <u>Word</u> cannot be broken!

I'll trust in God's **unchanging Word** Till soul and body sever For; though all things shall pass away, **His Word** shall stand forever!"

Martin Luther